Pua Lilia (Lily Flower) - by Alfred Unauna Alohikea

'Auhea wale 'oe e ka ua  
Ke nihi a'e nei i na pali  
Ka helena o ia pua i 'ako 'ia  
He popohe mai nei ia uka  
Ia uka ho'i na'u e walea ai  
Me ke 'ala onaona o ku'u pua  
He pua 'oe na'u i lei mau ai  
Ke 'ala o ku'u pua lilia

Listen to the rain  
Creeping silently along the cliffs  
It looks as if this flower has been plucked  
Shapely the upland  
The very upland that I'll enjoy  
With the sweet fragrance of my flower  
You are a flower, always to wear as a lei  
The fragrance of my lily blossom

Source: Leilani Sexton, granddaughter of Alfred & Elisabeth Kamanu Alohikea Holt. One of the most beautiful and erotic Hawaiian love poems, written by Alohikea, who was a master of kaona. A natural musician who could not read or write music, Alohikea was Kaua'i's composer laureate. Described by Charles E. King as one of the greatest entertainers, Andy Cummings called him the finest single performer in Hawai'i.

A farmer, fisherman, and quite a lady's man, he often sailed between Kaua'i, Niihau and Oahu, to trade fish and taro. There was a "Lily" on each of the islands. He wrote the lyrics on one trip and the melody on another. His ex-wife, present wife and girlfriend were all at his side on his deathbed.

This information was given to Leilani by her grand uncle who lived with Alfred in Hanalei. Copyright Criterion Music Corp

Hawai'i 78 - Mickey Ioane, Abe Keala, Cleiton Kua and Kawika Crowley
The song “Hawai'i 78”, has been recorded by many artists from Hawai'i and also performed by non-Hawaiian artists. Hawai'i 78 undoubtedly was made popular by the Makaha Sons of Ni'ihau and Israel Kamakawiwo'ole. Lyrics of the song send a powerful message in righteousness. There's a fascinating discussion of the complete genesis of this powerful Hawai'ian anthem here: http://www.hawaiiseventyeight.com/

"Sweet Baby James" - James Taylor  A great song written by a great artist given a Mauka Soul twist. What more can one say about it? Enjoy!

Island Style by John Cruz  Island Style, it's how we do it. John Cruz is a Hawai'ian legend, a prolific songwriter and great performer who is still active here in the islands.

Shine On - by John Cruz and Jud Fuller  Beautiful song that conveys deep appreciation for a loved one.
Ku'u Home 'O Kahalu'u by Jerry Santos

One of the great songs of the 1970s, Ku'u Home 'O Kahalu'u eloquently addresses the conflicting attitudes toward change and memory at the heart of traditional culture. Like many of the most successful pop songs, it is at once both candidly personal and strikingly universal. Jerry Santos wrote it and first recorded it with the late Robert Beaumont as the popular duo Olomana on their 1976 album LIKE A SEABIRD IN THE WIND (Seabird Sound). As reflected by the song, the group Olomana has always been involved in deep community issues, combining political, social and artistic ideals of the highest order. The Hawaiian word 'o'opu refers to Gobi fishes, Ko'olau refers to the Ko'olau Range on O'ahu; and the last phrase of each chorus (and the song title) "Me ke aloha ku'u home o Kahalu'u" means "Love for my home, Kahalu'u."

Hi'ilawe - by Sam Li'a Kalainaina, Sr.

Kûmaka ka `ikena iâ Hi`ilawe
All eyes are on Hi`ilawe
Ka papa lohi mai a`o Maukele
In the sparkling lowlands of Maukele

Pakele mai au i ka nui manu
I have not been trapped by the gossip
Hau wala`au nei puni Waipi`o
Chattering everywhere in Waipi`o

`A`ole nô wau e loa`a mai
I am not caught
A he uhiwai au no ke kuahiwi
For I am the mist of the mountains

He hiwahiwa au na ka makua
I am the darling of the parents
A he lei `â`î na ke kupuna
And a lei for the necks of the grandparents

No Puna ke `ala i hali `ia mai
The fragrance is wafted from Puna
Noho i ka wailele a`o Hi`ilawe
And lives at Hi`ilawe waterfall

Ha`ina `ia mai ana ka puana
Tell the refrain
Kûmaka ka `ikena iâ Hi`ilawe
All eyes are on Hi`ilawe
This mele is about a love affair at Hi'ilawe (highest waterfall in Hawaiʻi) and Waio'ulu, two waterfalls in Waipiʻo Valley on the Big Island. The girl, from Puna, describes herself poetically as the fragrance from Puna. Distressed by the gossip mongers, she calls them chattering birds. Mist of the mountains in the 3rd verse is the poetic way of saying this is a secret love affair. Lālākea and Hakalaoa are streams at the top of Waip'io Valley that flow over the cliff forming the twin waterfalls of Hi'ilawe and Hakalaoa. They merge into the Hi'ilawe stream that is one of two main waterways in Waipiʻo Valley. Music clip by Lani Lee
Poliahu - Frank Kawaikapuokalani Hewett

Wai maka o Poliahu
I ka `eha a ke aloha
Kaumaha i ka ha`alele
O Aiwohi kupua

Anuanu ka `iu kêhau
O Mauna Kea
A`ohe ana ipo aloha
E ho`o pumehana

Kau mai ka halii`a aloha
O ka wa mamua
Puolu ka wai o Nohi
Ku`u mehameha

He lei ko aloha
No ku`u kino
Pili poli hemo`ole
No na kau akau

Hui:
E ho`i mai (e ho`i mai)
E ku`u ipo
E ho`i mai (e ho`i mai)
E pili kâua
E ho`i mai (e ho`i mai `oe)
E ho`i mai `oe e, e
E ho`i mai `oe

Chorus:
Come back to me
My sweetheart
Come back to me
As we embrace
Come back to me
Come back to me
Come back to me

Source: The 14th century legend of Lâ`ieikawai (Lâ`ie in the water) -
Aiwohikupua, chief of Wailua, Kaua`i, was originally from Kahiki and vowed never
to marry a Hawaiian woman. He heard of the beauty of Lâ`ieikawai and set out to
find the sacred princess and propose marriage. He stopped at the harbor of
Haneo`o in the Hâna district of Maui and met Hinaikamalama, the Hana chiefess.
He was invited to join the surf riders and was smitten with the Hina. She, in turn,
fell in love with him.

Mindful of his quest and remembering his vow, he declared that he would not
give himself to any woman until he traveled to the island of Hawai`i. He promised
to return for Hina and asked her to remain faithful to him. Resuming his journey
to find Lâ`ieikawai, he arrived at Paliuli with a feather mantle as a gift for the
princess. Amazed by her house in Puna, thatched with the yellow feathers of the
o`o bird, he was embarrassed by his gift, not equal to the roof of her hale. He left
without seeing the princess and sailed for Kaua`i.
Along the coast of Hâmâkua, he saw a woman of extraordinary beauty reclining on a cliff. He landed, made her acquaintance and spoke of love to the woman in a snow white mantle. She was Poliahu, the snow goddess of Mauna Kea and also of kupua (demigod or supernatural being) descent, like Aiwohi. She reminded him of his promise to marry Hina but, if he was released from his vow, he could return and she would marry him. They exchanged mantles and he continued on, avoiding Hâna and the chiefess who expected to become his wife.

When he arrived home, his sisters agreed to accompany him to Hawai`i to plead Aiwohi’s case to win the hand of Lâ`ieikawai. Obsessed with her beauty, he again set sail for Hawai`i. Poliahu saw their canoes when they passed Ka`elehuluhulu, Kona, and was disappointed when they did not land. Aiwohi and his sisters went to Paliuli and as each sister presented his case, each was rejected by the princess. Hearing his rejection, Aiwohi returned home to Kaua`i and remembered Poliahu. He began expiatory rites to release him from his engagement to the chiefess of Hâna, and sent his messengers to Poliahu asking her to prepare for his return and their wedding. Preparations were begun and Aiwohi promised to arrive in 4 months.

On the day of Kulu (17th day), in the appointed month, the 3 mountains (Mauna Kea, Mauna Loa, Hualalai) were covered with snow, the sign promised by Poliahu. Aiwohi arrived at Waiulaula and was greeted by his bride-to-be and the other snow goddesses of the mountains, Lîlînoe, Waiau and Kahoupokane. After their marriage, the couple sailed to Kaua`i and made their home above Honopuwai. When Hina learned of the wedding of her betrothed, she was enraged and went to Kaua`i to confront her lover. The chiefs were gathered at Mânå for a celebration where Hina accused Aiwohi of unfaithfulness. Aiwohi’s conduct was condemned. Humiliated, Poliahu returned to Mauna Kea and Aiwohi agreed to fulfill his promise to Hina. The night of their marriage, Poliahu sent the chill of her snow mantle to cover her rival with intense cold. Whenever Hina and Aiwohi tried to be together, Poliahu would send the intense cold of her snow mantle. Frightened, Hina returned to Hâna without Aiwohi and their marriage was never consumated. Poliahu remained at Mauna Kea, brokenhearted.

Translated by Henry Kaalekahi.
Sailin' - this was a 1978 Na Hoku Hanohano award winning song for Henry Kapono. Henry is famous as half of C&K, the first Hawai’ian group to get a major label recording contract. However, he's even more famous here as a Hawai’ian legend who still performs around the islands and beyond.

Awaiāulu Ke Aloha - George Kaleiohi, Sr.

**Hui:**

E awaiāulu i ke aloha  
I kou pili hemo ‘ole i ke kau  
'O ka hana 'ana ia ua pono  
Pono 'oe pono pū ho'i kāua

E ke aloha e maliu mai 'oe  
Eia ho'i au ke kali aku nei  
'O ka 'ike ua noa kāu hana  
He nani ka 'i'ini puʻuwai

Hiki mai ana ke aloha  
Kau mai ana ka hali'a  
Ho'olā'au mai ana ia'u  
E ho'i māua e pili

'O kāu mau 'upu 'ana  
Kāu i ho'okō ai  
E ka manawa i hiki mai  
Pono 'oe pono pū ho'i kāua

Mali 'ia iho ka houpo  
Ka li'a a loko ho'i  
'Ōmau 'ia iho a pa'a  
I mau ke ko'i'i a loko

**Chorus:**

Bind your love tightly  
Never to be severed over time  
Doing all that is proper  
So that you and I prosper together

My love, listen to me  
For here I am, waiting  
I know that you are willing  
How lovely is the heart's desire

When love comes  
The fond memory arises  
Constantly urging me  
We two should be back together

All passions  
Come to fulfillment  
When the time comes  
You're satisfied, we're satisfied together

The heart is soothed  
Slowed within  
Fastened securely  
To continue the desire within

This mele is also known as Waiaulu or Waiulu. The first verse is from the collection of Nana Mahelona. Some credit this mele to Mary Jane Montano and David Nape. . Johnny Noble credits this to Nana Mahelona. Hawaiian Text edited by Puakea Nogelmeier © 1928 Johnny Noble Rights controlled by Miller Music Corp.

Mauka Soul's recording includes the Chorus and First Verse...